Humanity & Health Foundation

Theory of Change & Impact Framework

2026–2030

Prepared February 2026

Introduction

This document outlines the Theory of Change and Impact Framework for Humanity & Health Foundation (HHF). It explains how HHF's programs translate activities and partnerships into measurable outcomes that improve health awareness, environmental sustainability, and community resilience.

Key Challenges Addressed

- Limited access to preventive health education
- Environmental and climate-related health risks
- Low awareness of sustainable living practices
- Limited community participation in development initiatives

HHF Strategic Program Pillars

- Community Health Education
- Environmental Sustainability
- Preventive Health Awareness
- Community Engagement and Volunteer Mobilization
- Sustainable Community Development

HHF Theory of Change Model

Inputs	Activities	Outputs	Outcomes	Long-Term Impact
Funding, partnerships, volunteers	Community workshops and outreach	Educational programs delivered	Increased health knowledge	Improved community health outcomes
Environmental partnerships	Sustainability training	Communities trained	Sustainable practices adopted	Healthier environments
Health experts and educators	Preventive health campaigns	Campaigns conducted	Preventive behaviors adopted	Reduced health risks
Volunteer networks	Community engagement initiatives	Volunteer-led projects	Stronger community participation	Resilient communities

Impact Measurement Framework

- Number of individuals reached through health education
- Number of communities participating in sustainability initiatives
- Number of preventive health campaigns conducted
- Volunteer engagement and participation levels
- Community partnerships established

Monitoring and Evaluation Approach

HHF will use a combination of program monitoring tools, partner feedback, and data analysis to track progress toward impact goals. Annual program reviews will assess performance against key indicators and guide continuous improvement.

Impact Pathway

Challenges → HHF Programs → Community Activities → Measurable Outputs → Behavior Change → Sustainable Community Impact

Conclusion

The HHF Theory of Change framework demonstrates how targeted community-based programs can lead to improved health awareness, environmental sustainability, and stronger community resilience. This model guides HHF's strategic planning and program implementation for the 2026–2030 period.